

Mobility Aids Resources

How to use a standard walker



https://www.youtube.com/watch?v=VtL5S_lvEfU

How to use a two wheeled walker



<https://www.youtube.com/watch?v=OpVFhz-Bff8>

How to use a Rollator walker (4 wheels and a seat)



<https://www.youtube.com/watch?v=Z8zFk5U1xmY>

Using a wheel chair



<https://www.youtube.com/watch?v=OGdXdE5AxL0>

Helping someone up from the floor:

<https://www.youtube.com/watch?v=10jR0zjl19Y>

How to adjust a cane



https://www.youtube.com/watch?v=F9NjkMAD3_A

How to use a cane



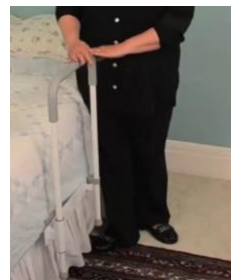
<https://www.youtube.com/watch?v=sNxSvhsYP1Y>

Helping someone into a car



<https://www.youtube.com/watch?v=khTKRwoWqn4>

Smart-rail bed assist rail



<https://www.youtube.com/watch?v=EluUEJI0vzA>